

2023

FSGC ANNUAL REPORT



FAMILY SERVICE &
GUIDANCE CENTER

Contents



A Letter from the CEO



2023 Highlights



2023: By the Numbers



Board of Directors & Leadership Team



FSGC Financials



What they're saying about Family Service & Guidance Center



Family is an FSGC Success Story, thanks to school-based program



Preschool group meets kids where they're at



Thanks to Our Donors



A Letter from the CEO

In a large organization like Family Service & Guidance Center, change can be seen as a threat or an opportunity. The past year was one of many changes, and I am happy to say that FSGC's 262 staff members viewed 2023 as a series of valuable opportunities for professional and organizational growth.



- FSGC continued to expand services to meet the growing mental health care needs in our community. The organization was provisionally accredited in July as a Certified Community Behavioral Health Clinic (CCBHC) by the State of Kansas. CCBHC is the gold standard of mental health care, centering on providing whole-person care that takes into account both medical and mental health across the life span. We are excited about the impact this new approach will have on the people we serve.

Becoming a CCBHC required major adjustments in how we see ourselves. FSGC specialized in treating children and families for 40 years while our sister center, Valeo Behavioral Health Care, focused on adults. As CCBHCs, we both have a responsibility to serve anyone who walks through our doors regardless of their age, place of residence or ability to pay. Both organizations collaborated with each other in 2023 and will continue to do so to meet our community's needs.

- We held a ribbon cutting for the Youth Crisis & Recovery Center in October with about 100 supporters in attendance. The 24-bed facility is for the treatment of youth who are experiencing severe mental health crises and those dealing with substance use disorders and mental health challenges. There is no other facility in Kansas like it. While it is unfortunate that the need for this facility is so dire, it is a comfort to know that our community has a place tailored to help those youth heal.
- The Mental Health Intervention Team (MHIT) program entered its fifth year in numerous Topeka schools. MHIT provides therapy and case management on-site for high-needs children and teens. More than 500 students from kindergarten through high school seniors participated in MHIT, and the program has achieved remarkable outcomes. Read all about them in the article, "Family is an FSGC Success Story, thanks to MHIT," on pages 8-9.

The foundation of our success as a health care organization rests with our staff. They are serving individuals and families on our campus, in the schools and in our community. They are committed to our mission and values, and they understand that mental health care is very personal and incredibly important. That is why FSGC is determined to provide innovative, quality services that don't just offer help: They offer hope.

Sincerely,

A handwritten signature in cursive script that reads "Kathryn R. Mosher".

Kathy Mosher
CEO

2023 Highlights

- FSGC's Crisis Services prevented the need for psychiatric hospitalization 78 percent of the time, well above the Kansas state average.
- The Substance Use Treatment Program provided 1,121 hours of service – an increase of 363 percent from 2022.
- Peer Support is now available for youth. Implemented in June 2023, Peer Support Specialists – people who are in recovery themselves – provide support for individuals ages 16-22 who are going through treatment. Group activities provide opportunities to connect with others who share similar experiences.
- FSGC added a youth employment readiness and placement program. Individual Placement and Support (IPS) teaches jobs skills and matches young adults ages 15-26 living with mental health challenges to competitive local jobs that fit their skills and interests. Then, it provides the support needed to help them retain employment.
- Several group therapy options were added to help make services be more accessible to meet the high demand. Groups focused on skills and strategies to overcome alcohol and drug use, anxiety, attention deficit-hyperactivity disorder (ADHD), depression, self-harm and suicidal behavior.
- The Early Childhood Intervention Program (ECIP) started a preschool group in August for at-risk preschool age children at Shaner Early Learning Academy at the request of the principal.
- From August-December, School and Outreach Services staff supported 55 homeless students and their families alongside other community agencies through IMPACT Avenues. The program reduces student homelessness by supporting students and their families in obtaining health care (including mental health care), stable housing and overcoming barriers to success like transportation, employment and financial literacy.



- In June, FSGC hired its first Access Team clinician to provide same-day service access for walk-in admissions. Individuals and families received the service they wanted at the time they wanted it. Scheduled appointments are also still available.
- FSGC implemented Credible, a state-of-the-art electronic health records system that is designed to provide up-to-the-minute treatment outcomes data for families we serve and their providers.
- The 17th Annual Works of Heart Event raised a record \$134,000 and set a new record bid for an individual piece of artwork (\$5,000).
- Santa's Little Helpers, FSGC's holiday adoption program, made Christmas a reality for 110 hardworking families we serve who otherwise would not have had gifts under the tree. This is more than double the number of families helped in 2022.

2023: By the Numbers

4,510

Number of individuals receiving treatment

24

Number of Kansas counties from which we served kids

5,115

Number of children who received Happy Bear abuse prevention training

136,423

Number of service hours

262

FSGC staff members

31

Number of interns: doctoral (4), master's level (6), bachelor's level (15) and psychiatry (6)

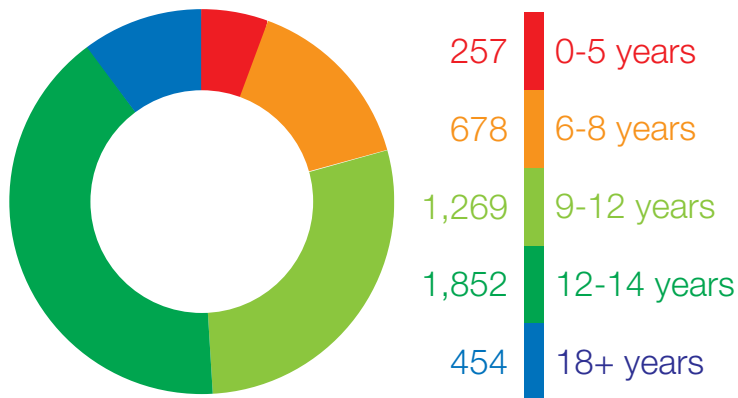
68.7

Percent of FSGC client families who live near, at or below poverty level

Top 5 Mental Health Challenges FSGC Treated

- 1 Attention-Deficit/Hyperactivity Disorder (ADHD)
- 2 Trauma/Stressor-Related Disorders
- 3 Anxiety
- 4 Conduct Disorders
- 5 Depression

Clients by Age



School-based mental health program outcomes

Outcome	2023	2022
Improved school attendance	85%	79%
Improved academic performance	77%	76%
Improved externalizing behaviors*	72%	71%
Improved internalizing behaviors**	79%	63%

* Externalizing behaviors: disruptive, hyperactive and aggressive behaviors

** Internalizing behaviors: social withdrawal, fearfulness, feelings of loneliness or guilt, unexplained physical symptoms, feeling unloved or sad

FSGC Board of Directors

Chair

LLOYD RAINGE
Capitol Federal

Vice Chair

RHONDA PETERSON DEALEY
Washburn University

Treasurer

JEFF LANE
TrenorHL

Secretary

KRISTIN POWELL, PHARM.D.
Genoa Healthcare

Chair Emeritus

PAT RIORDAN
Riordan, Fincher, Mayo, PA

CAPT. MIKE CROSS
Topeka Police Department

JEFF HIESTAND
CoreFirst Bank & Trust

KEN MORSE
General Counsel/Retired

KRISTIN O'BRIEN
USD 450, Shawnee Heights

ALEX OREL
Kansas Bankers Association

COLTON WALKER
Clayton Wealth Partners

Leadership Team



KATHY MOSHER, MS, MBA
Chief Executive Officer



CHARLES MILLHUFF, DO
Chief Medical Officer



ANNE WERRING
Chief Operating Officer



ANGIE GLEASON
Chief Financial Officer



PAM EVANS
Director, Marketing & Development



ANTHONY BRYAN, MSW, LSCSW
Director, Community-Based Services



KAREN SMOTHERS, LSCSW, LCAC
Director, Clinical Operations



JENNIE WATSON, LSCSW
Director, School & Community Services



TRAVIS FREED, LMLP
Director, Crisis & Recovery Services



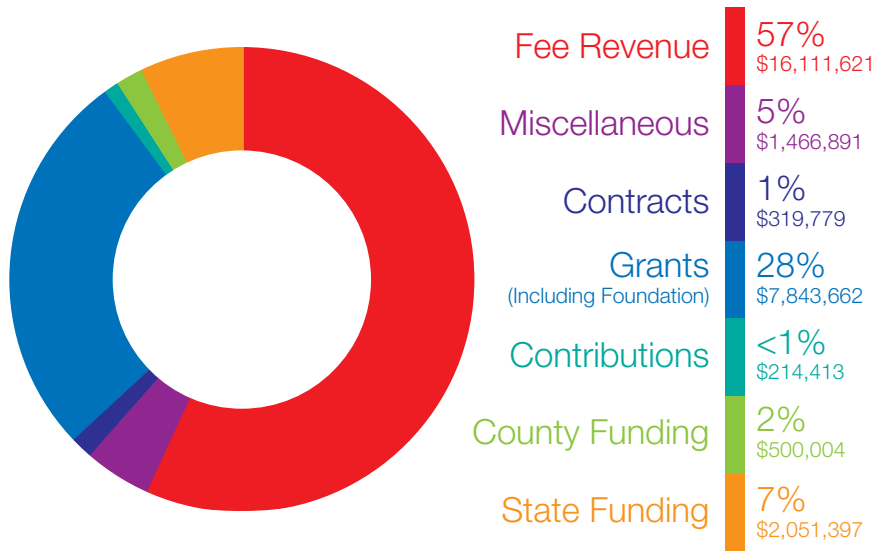
STACY BROHAUGH
Director, Quality & Outcomes



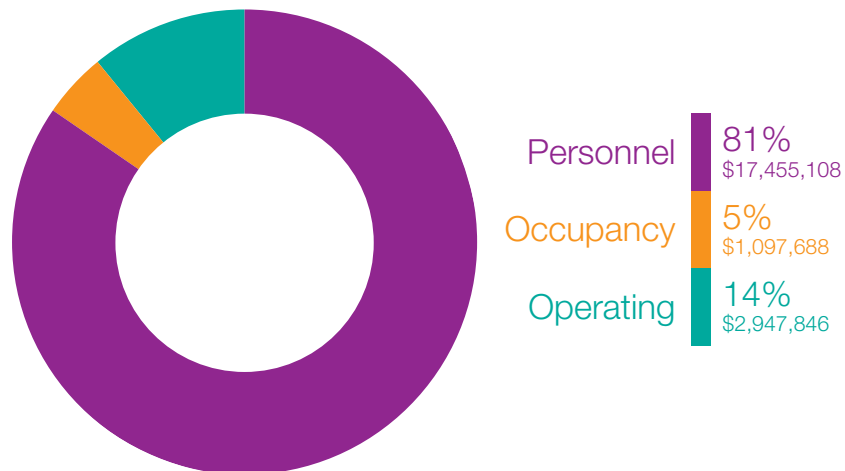
SARAH MERRIAM
Executive Assistant to the CEO

FSGC Financials

Revenue: \$28,507,767*



Expenses: \$21,500,642*



*Unaudited financials

What they're saying about Family Service & Guidance Center



"To FSGC: Grateful to this organization and everyone in it who has helped and supported not only my son but the family as a whole. It takes a village and I'm so grateful for all of you!!!"
– an FSGC parent



"FSGC has truly helped us in ways that we didn't even know we needed. Thank you for that."
– an FSGC parent

"Tomorrow will be my sons' last day of group... I appreciate this opportunity that was given to both of them! They have absolutely loved meeting new people and attending group! Thank you!" – an FSGC parent



"I hope to pursue a career with FSGC. The working environment was encouraging and provided me with real-world opportunities to apply my knowledge and skills."
– a former intern



"I am grateful for FSGC, for all the help they have given my family over the years. We've been with FSGC since 2010/2011!!! Thank you!!!" – an FSGC parent



"I love this FSGC (School & Outreach Services) team! It has been so amazing to see kids excited about groups and their providers coming. Can't say thank you enough!" – a school staff member



“I wish I’d had a program like this when I was growing up!” – a local business owner, talking about the Individual Placement & Support employment program



“The young man has not only completed his treatment plan but he has blossomed as a leader. He attends an alternative school and is a model student... He established a student government there. He maintains employment at a local assisted living facility and is a trainer for new staff... It was not an easy road, but he made it!” – an FSGC clinician

“Going through Field Experience at FSGC influenced me to focus my future career path on becoming a forensic psychologist with a focus on children and juveniles.” – a former intern



“Thank you for helping me. Thank you for being so kind. Thank for you for being so good to me. Thank you for seeing me as a person. Thank you.” – an FSGC child served



Family is an FSGC Success Story, thanks to school-based program

Melissa is a thoughtful, smart, soft-spoken single mom who wants nothing but the best for her sons. You can hear it in her voice when she talks about them.

Hayden, her 9-year-old son, is very outgoing, playful and smart. He loves to draw almost as much as he loves to help others. Melissa's other son, Elias, is 7. He's quieter than Hayden. He's affectionate and kind. He can also be very silly.

Like all families, they've had some rough patches. Their rough patches, however, have been rougher than most.



Hayden was 2 years old and Elias was just 4 months when their father was incarcerated. He's been out of their lives ever since. Soon, Melissa saw some worrisome changes in Hayden's behavior. "He would act out, throw tantrums. I thought it was because he missed his dad," Melissa said.

Hayden and Elias' behavior gradually became harder and harder to manage as they grew into active little boys. Everything became a fierce competition between the two, including competing for Melissa's attention. They were both extremely hyperactive and very aggressive toward each other.

When the 2022 school year began, Melissa made an important decision: She had to ask for help. She could no longer manage the boys' behavior on her own. Hayden was a second grader, Elias was in kindergarten. The boys were disrupting their classrooms regularly in addition to making life at home very difficult. Melissa called Family Service & Guidance Center, an organization with which she was already familiar.

"I went to Family Service & Guidance Center myself when I was a kid. I was in therapy, and I was seen at the psychiatry department and took medication," Melissa said.

During the boys' admissions appointment, an FSGC staff member told Melissa about a school-based program where kids could receive services at school. Melissa liked the sound of that.

"Hayden had been truant the year before, so I didn't want him to be taken out of school for anything," Melissa recalled. "That way, he could be at school as much as possible. As a child, I didn't like being taken out of school to go to an appointment. It made me feel separate from other kids. So, I thought the school-based program would fit our needs better."

The school-based program is the Mental Health Intervention Team (MHIT). MHIT is designed to help high-needs students in select Topeka schools. By being on-site, MHIT removes a number of obstacles for many families. It also allows services to be provided in the home.

“Elias and Hayden responded to services very well,” Melissa said. They really liked Brynn (their therapist) and Kourtnei (their case manager). Like most kids, they like attention. It made them feel better to have somebody else to talk to and who was interested in what was going on with them.”

She continued, “I’m a single parent, and I was working overnights at a retail store. The program was flexible and fit my schedule. I needed to sleep during the day. It was really helpful that, on my day off, Brynn came to the house to do family therapy.”

Elias and Hayden liked working with Brynn from the start. She taught them new skills for managing their hyperactivity and maintaining their own behavior, including breathing exercises. Slowly, things started to get better. Melissa could see the kids being less aggressive toward each other and communicating better. They were also doing better at school.

The “A-ha!” moment for Melissa came at parent-teacher conferences about four months after the family began services at FSGC.

“Hayden’s teacher talked about how much he had grown in the past year. Elias’ teacher told me how proud she is of him and how he’s just excelling in the classroom,” Melissa said. “That was a big realization that the MHIT services have really helped and everything has come together very well.”



Today, life at Melissa’s house includes a lot of structure, communication and love. They do practically everything together. The changes they have undergone as a family and as individuals have resulted in all three of them being happier and healthier.

Melissa said, “Everything’s not a fight anymore. When the boys are upset, they’re able to work through it with me instead of throwing a tantrum. And they help me do the same with them. Things run a lot smoother now. We just get along better.”

Preschool group meets kids where they're at

Therapists talk a lot about meeting people “where they’re at.” Usually that means understanding where someone is emotionally and mentally.

Sometimes, it means understanding where someone is, physically, so they can get the help they need. That’s the case with the Early Childhood Intervention Program (ECIP) room at Shaner Early Learning Academy in Topeka.

ECIP is a Family Service & Guidance Center therapeutic group for preschool age children who are struggling with social and behavioral development. For half the school day, ECIP group leaders provide a highly structured environment in which they use sharing time, games and various activities to help children learn important skills like listening and following directions, expressing their feelings appropriately, taking turns, cooperation and sharing.

Dr. Connie Romig, FSGC Early Childhood Outpatient Manager, said the program was invited to Shaner.

“The principal at Shaner, Logan Baxter, worked in ECIP a couple of summers when she was finishing up her teaching degree. Logan was very familiar with the program and thought we could help her students,” Romig said.

Children attending Shaner Early Learning Academy engage in a typical preschool curriculum in the morning with teachers and school staff. Then, children in ECIP spend the afternoon working on behavioral and social skills.

Alex Black and Haley Vondracek lead the group each afternoon, and they provide one-on-one help to children in the morning.

“Teachers have appreciated having ECIP staff in the classroom so they can step in and help when needed,” Dr. Romig said.

“One-on-one time is very important,” said Vondracek. “Working one-on-one with a child in the morning helps us build a relationship with them that often leads to trust and positive behavior changes.”

Black noted another benefit to one-on-one time. “When we’re working with kids on their social and emotional skills, the paraprofessionals are watching and learning,” she said. “They can help reinforce what we’re doing.”



Both group leaders believe that regular contact with school staff at all levels has yielded very positive benefits. Vondracek values staff contact because it helps her know what a child needs to work on.

“Whether it’s stopping each other in the hall, going to the classroom or by email, teachers and staff want to touch base

about how a child did in class that day and what behaviors they displayed,” she said.

“That helps me plan what we’re going to talk about and what activities we might include during group time.”

Frequent contact with the preschoolers’ parents has also played an important role in the ECIP group’s success.

“(ECIP staff) have almost-daily contact with parents during drop-off and pick-up times,” Dr. Romig said. “That’s a great way to engage parents and hear how things are going at home. Parent buy-in is incredibly important when it comes to helping children change how they behave.”

Black agreed, “Contact with parents and caregivers allows us to build a relationship not only with their child but with them, as well. When parents know that we are working for the good of their child, we can provide service that is even more effective. We’re always looking for ways to better help our kids.”

Thanks to Our Corporate Donors

Advisors Excel
Alliance Bank
Architect One
Art Print Express
Azura Credit Union
Bartlett & West
Beauchamp's Gallery
Beta Sigma Phi -
Preceptor Alpha Psi Chapter
Blue Cross & Blue Shield of Kansas
Blue Cross & Blue Shield of Kansas
Foundation
Bobby's Food Co.
BOK Financial
Bonkers
Brassel & Packer LLC
Bus Barn Catering
CEK Insurance
Century Business Technologies
Children's Day Out Preschool
Clayton Wealth Partners
Coal Creek Construction
Community National Bank/
Vision Bank
Conrade Insurance Group
CoreFirst Bank & Trust
Cox Communications
Crumbl Cookies
Cumulus Broadcasting
Cypress Ridge Golf Course
Cyrus Hotel
D.L. Smith Electrical Construction
Dialogue Coffee House
Dillons Food Stores
Elms Hotel & Spa
FHLBank Topeka
Fidelity Banks
Fidelity Charitable
Frame Warehouse

Frito Lay
Furniture Mall of Kansas
Gary's Berries
Genoa Healthcare
Glory Days Pizza
Greenwood Preservation Society
Healing Touch Massages
Heritage Bank
Hog Wild Pit Bar-B-Q
Hoyt's Truck Center
Iron Rail Brewing
JCPenney Salon
Jefferson's
Jeremiah Bullfrogs
Johnny's Tavern
Kansas City Monarchs
Kansas Department of Commerce
Associates' Council
Kansas Gas Service
Kansas Historic Theatres
Association
Kauffman Foundation
Matching Gifts Program
Kaw Valley Bank
Kendra Scott
Key Staffing
KSNT
Lake Shawnee Golf Course
Lewis H. Humphreys
Charitable Trust
Massage Envy
Menke Insurance
Mize Art Studio
Mize CPAs, Inc.
More Than Lemons
National Association of Retired &
Veteran Railway Employees
Network for Good
North Star Steakhouse

Nothing Bundt Cakes
Olathe Ford RV Center
Paisano's Ristorante
Polo Custom Products
Prairie Band Casino & Resort
Prairie Band Potawatomi Nation
Prairie Glass Studio
RB Productions
Reliant Apparel
Reser's Fine Foods
Schwerdt Design Group
Scotch Industries
Security Benefit
Shana Cakes
Shawnee County Parks &
Recreation
Shawnee Heights Middle School
Smallcakes
Sonic Drive-In
Spring Hill Suites by Marriott
Stormont Vail Health
Sunflower Health Plan
Sunflower Paving, Inc.

Taj MaDog
Tee Box
Texas Roadhouse
Top City Metal Supply
Topeka Bible Church
Topeka Blueprint
Topeka Community Foundation
Topeka Fire Department
Topeka Symphony
Topeka West High School
Topeka Zoo & Conservation Center
TreasorHL
U.S. Bank
UKG
Ulta Beauty
United Way of Kaw Valley
UnitedHealthcare
Walmart
Washburn Rural Middle School
Washburn University Foundation
West Side Christian Church
WestSide Stamp & Awards



Thanks to Our Individual Donors



Scott & Amanda Abbott
Elizabeth Akins
Nicole Alexander-King
Tonia Anderson
Catherine Anderson
Rocky Anderson
James Anderson
Anonymous
Stephanie Appelhanz
Courtney Appelhanz
Charlotte Armstrong
Stacey Arnold
Caleb Asher
Flossy Athnos
Eric Atwood, DO



Russ Babcock
John Bachman
Connie Baer
Mike Baldassaro & Diana Hellen
Brett Ballard
Katherine Barnard
Sarah Barrett
Jenny Barricklow
Cara Bass
William Batson
Ashley Baumchen
Andrew Bays
Scott Bean
Joe Beasley
Steven & Virginia Bellavia

Lexie Bennett
Heather Berckefeldt
Tristan Berends
Jeff Berkley
Joy Bettencourt
Alyce Bishop
Susan Bjerke
Sue Blackman
Brenda Blackman
Andrew Blick
Makenzie Blume
Carley Blunt
Estelle Boeger
Joshua Boeker
Dave Bondarenko &
Ann Matthews
Linda Boos
Jesse Borjon
Beau Boyles
Marianne Brachman
Joy Brennan
Linda Briden
Kristofer Britton
Stacy Brohaugh
Delanie Brown
Tracy Broxterman
Anthony & Patricia Bryan
Ashley Bryan
Thomas Buchanan
Taylor Buckley
Mikki Burcher
Mishelle Burke
Amy Burns
Karen Burns
Barry Busch
Michelle Butler
Dave Butts
Cheryl Buxton



Abby Callis
Charles & Cecelia Callis
Leslie Carr
Sherri Carrasco
Margaret Carter
Cheri Cashier
Amanda Cashman
Sydney Cavin
Shanelle Chandler
Kaitlinn Chase
Romualdo Chavez
Ramon & Alicia Guerrero-Chavez
Dawn Chilson
Vicki Claassen
Janel Clark
Shane Clark
Mark Clarke
Cam Clurman
Lori Cobin
Bill & Kelley Cochran
Kristin Collier
Edward Collins
John Colwell
Sally Conn
Jamie Cooper
Aimee Copp-Hasty
Carlos & Tami Cortez
Taylor Corwin
Pearl Cox
Marsha Cox
Pat Cox
Ivonne Cozad
Kristina Crawford
Rosemary Crock
Mike & Jennifer Cross

Bradley Crouch
Amy Crouch
Terry & Celia Cuthbertson



Denise Daudet
Jason & Haley Davee
Brenda Davis
Kimberly Day
Susan Day
Robert & Rhonda Dealey
Terri Dean
Madisen DeLuna
Kayla DeLuna
Colby DeLuna
Alex DeLuna
Lisa DeLuna
Kim Dick
Becky Dickinson
Tim & Jennifer Dieker
Julie Dillingham
Roger Dirks
Beverly Dodge Radefeld
Ken Doll
Rebecca Drews
MaryKay Droge
Michael Duane
Mark Dudley
Hannah Dykes



Lisa Edgerton-Johnston
Camrie Efird

Jennifer Efird
Sharon Efird
Kolbie Elliott
Heather Elliott
Jessica Engroff
Jeff & Teri Engroff
Amanda Essman
Eric Essman
Yvonne Etzel
Pam Evans



Alexandria Fairhurst
Savannah Falley
James Fasse
Mark Feiden
Stephen Fenske
Robyn Finckbone
Sarah Fizell
Amy Fleischer
Lorie Fleming Huyett
Lori Florence
Konni Flynn
Scott & Mechele Ford
Terry Forsberg
Trista Forshee
Jane Fortin
Alisha Francis
Travis Freed
Anita Fry
Meredith Fry
Ava Miller Fry
Samantha Furrell



Scott Gales
Brittany Gamber
Lisa Gambrell
Amanda Garner
Kurstin Gaudet
Katie Geiger
Tionna German
Darcie Giles
Denise Gilfillan
Arthur Glassman
Angie Gleason
Charlotte Gleason
Robyne Goates
Kaffie Godfrey
Joel Goering
Todd Goldsmith
Rainey Gonzalez
John Gonzalez
Melissa Goodman
Mark Grayson
Jayme Green
Erin Grice
Bill Griffin
Pamela Grimes
Dan & Kim Gronniger
Carrie Jo Gros
Ray Groundwater
Kim Grove



Mark & Susan Hahn
James & Sandra Haile
Brenda Hailey
Elizabeth Haire
Patricia Hale

Trisha Halstead
Rhonda Halverson
Gerald & Jeri Hansen
Sandy Hanson
Linda Harold
Meg Harper
Kathy Harrington
Amanda Harris
Stephanie Harrison
Becky Harrod
Myrna Hartford
Susie Harwood
Sally Hatcher
Kathryn Hazelwood
Kara Heckard
Julie Hein
Sage Hermanson
Renee Hernandez
David Herold
Mike Hewitt
Katie Hicks
Jeff & Missy Hiestand
Stacy Higgins
Maureen Hinton
Bethany Hirsh
Sydney Ho
Sheila Hogson-Williams
Madelyn Homewood
Brynn Hooper
Jesyca Hope
Angie Horan
Jessica Horton
John Hoytal
Mona Hull
Linda Hunninghake
Sean Hunter
Kelly Hurla
Chris & Jalon Hutchens
Paul Hutting



Danielle Irwin
Alyssia Ivory



Jade Jacobson
Francies January
Ron Jeanneret
Aliyah Johnson
Elizabeth Johnson
Sarah Johnson
Brianna Johnson
Susan & Bob Jordan



Wanda Kaberline
Mathew & Amy Karr
Casey Kathrens
Dr. Robert & Tammy Kenagy
Susan Kenney
Kim Kesl
Tracy Kihm
Tracy Killough
Shayla Kincade
Bryan & Zoie Kincade
Kareen King
Evelyn Kitarogers
Phyll Klima
John Knell
Amy Kralicek
Cally Krallman
Kelly Krueger-Seaman
Jeff Kuzbel



Erin La Row
 Laurynn Lake
 Adriana Lane
 Jeff & Joni Lane
 Krista Lang
 Debbie Lang
 Matt Langdon
 Holly Lathan
 Cammie Laughlin
 Tami Law
 Elizabeth Lemp
 Laura Lewien
 Courtney Liberato
 Jacqueline Lightcap
 Lynn Littleton
 Laura Lockwood, DO
 Rene Lombard
 Cynthia Lower
 Kristine Luber
 Laura Lutz



Jim Maag
 Mary Madden
 Carrie Magill
 Christina Malicke
 Jessica Manion
 Sandra Mann
 Allyson Marick
 Shanina Marin-Soto
 Monette Mark
 Frank & Rose Marstall
 Sarah Martin
 Terry Martinez
 Meaghan McEachern

Kelly McFarland
 Angel McGhee
 Debra McInerney
 Rachel McIntosh
 Tosha McKnight
 Tylor McNeill
 Daryl & Patti Mellard
 David Mendez
 Sarah Merriam
 Katelin Meyers
 Vicki Millard
 Becky Miller
 Peggy Miller
 Kyra Miller
 Charles Millhuff, DO
 Brenda Mills
 Timothy & Kourtni Mitchell
 Bilqis Mohaimin
 Susie Mohr
 Andrew Mollohan
 Barb Montgomery
 Hoyt & Laurie Moore
 Darrell Moore
 Kim Moore
 Emily Moore
 Ken Morse
 Matt & Kathy Mosher
 Aubree Mosher
 John & Christie Mugler
 Stephanie Mullholland
 Beverly Murphey
 Jenna Murray



Hannah Naeger
 April Neff
 Sara Neiswanger
 Bill & Nancy Neiswanger
 Rebecca Nelson Miller

Greg Nelson, MD
 Hanna Neuner
 Kristie Newton
 Brian Nitcher
 Deb North
 Rae North
 Lindsey Nugent
 James & Alison Nye



Gabriel O'Shea
 Kristin O'Brien
 Riley O'Brien
 Macy Ogle
 Tracy O'Rourke
 Alissa Osterhaus
 Brooke Osterhaus
 Royce Overbey



Dr. Kent Palmberg
 Shamara Parre
 Peggy Patton
 Fred Patton
 Clint Patty
 Vicki Pawlowski-Estes
 Robby Payne
 Tiffany Pempek Rahl
 Beth Perry
 Debra Peterson
 Jancy Pettit
 Kathy Pierce
 Danielle Pitchford
 Danica Plante
 Dr. Kirby & Kim Pope
 Bryan Poppelreiter



Kristen Powell
 Kari Presley
 Judy Presley

Mary Radefeld
 Rachel Rademacher
 Lloyd Rainge
 Marcus Rainge
 Courtney Ramseier
 Jenalea Randall
 Mark & Pam Reeder
 Paula Renteria
 Todd & Erin Renyer
 Reyna Reyes
 Paula Reynolds
 Marcia Reynolds
 David & Kirby Richard
 Sandy Richard
 Viola Riggin
 Hannah Rigsby
 Mary Riley
 Kasheena Riley
 Lindsay Roberts
 Jill Robertson
 Mal Robinson
 Tanya Rodriguez
 Susana Rodriguez
 Lydia Rogg
 Connie Romig
 Dan & Lori Rowe
 Clayton Rudman
 Linda Ruiz
 Jean Ryan



Susan Salsbery
 Georgia Sanders
 Natalie Santa
 Kaitlin Savage
 Mike Savage
 Amy Schell
 Marsha Schell
 Roxanne Schiefelbein
 Dylan Schmidt
 Myrissa Schrag
 Keri Schuetz
 Amy Schumacher
 Randall & Hannah Schumacher
 Harland Schuster
 Dana Schwarz
 Jessica Schwerdt
 Crystal Scott
 Rachel Scott
 Allison Sedore
 Kaitlyn Sester
 April Shaw
 Douglas Sheafor, MD
 Sarah Shipman
 Jackie Shufelberger
 Suzi Sides
 Janet Sifuentes
 Kyle Simmonds
 Holly Simpson
 Jonathan Smith
 Karen Smothers
 Madison Smothers
 Michael Snell
 Mike Sondgeroth
 Jeff Sorensen
 Camrie Sparling
 Preston Sparling
 Neal Spencer
 Jeannette Spurgin

Michael Stanek
 Megan Starbuck
 Calissa States
 Liz Steffen
 Dorian Stewart
 Verna Strathman
 Angie Strecker
 Jennifer Stuchell
 Dorrie Sullivan



Macy Tanking
 Denise Tanking
 Debbie Tanking
 Terri Taylor
 Karen Teter
 Heather Teufel
 Zoe Theobald
 Judy Thoman
 Dana Thomas
 Zac Thomas
 Mary Thomas
 Scott Thompson
 Alexis Tibbits
 Kathy Toelkes
 John Tompkins
 Allan & Chris Towle
 Dan Towsley
 Rebecca Trapp-Marquez
 Maggie Tremblay
 Allison Tripp
 Mary Tritsch
 Gwen Tucker
 Becky Turner
 Kristin Turner
 Carole Turner
 JoAnn Turner
 Chris & Kim Turner
 Mitzie Tyree



Theresa Uhl
 Debe Uhl
 Roger & Joanie Underwood
 Mary Ungerer



George Vanhoozer
 Lois VanLiew
 Chloe Vincent
 Haley Vondracek



Colton Walker
 Lonnie E. & Alicia Walker, Jr.
 Jennie Watson
 Nicole Weatherwax-Feurt
 Brooke Webb-Gennusa
 Antonia Wecker
 Noah Wecker-Miranda
 Marlou Wegener
 Alice Weingartner
 Stephanie Weiter
 Anthony & Chris Welch
 Zac Wenrich
 Anne Werring
 Diane Westling
 Debbie Whelan
 Nolan White
 Michael White
 Stanley & Wanda White
 Donna & Glenn White
 Andrew & Casey Jo Wiechen

Drew Williams
 Candace Williams
 Anna Williams-Blodgett
 Jim & Sarah Williamson
 Sierra Wilson
 Carol Wilson
 Dan Wilson
 Jeremy Wiltz
 Karen Wing
 Diane Wishall
 Janet Wohler
 Barb Woodruff
 Kimberly Woodworth
 Corrie Wright
 Terry Wright



Kayleen Ybarra
 Hannah Yeubanks
 Marty & Marisa Yost



Arianna Zamora Quintana
 Jennifer Zavadil
 Shanna Ziegler
 Pete Ziegler
 Janet Zoble



FAMILY SERVICE &
GUIDANCE CENTER

325 S.W. Frazier Ave., Topeka, KS 66606

785.232.5005 | FSGCtopeka.com
facebook.com/fsgctopeka